

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Strawberries Whole f/Frz	Banana Half f/Fresh	Orange Mandarin f/Cnd JcPk	Blueberries f/Frz	Melon Honeydew Chunks f/RTS	Banana Half f/Fresh	Mango f/Frz
Cereal Oatmeal w/Flax SGP	Cereal Cream of Wheat w/Flax SGP	Cereal Oatmeal Super Mix 50/50 SGP	Cereal Oatbran w/Flax SGP	Cereal Oatmeal w/Flax SGP	Cereal Cream of Wheat w/Flax SGP	Cereal Oatmeal Super Mix 50/50 SGP
Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP
Egg Boiled Hard f/Fresh SGP	Egg Poached	Egg Fried f/Fresh Eggs SGP	Egg Scrambled f/Liquid SGP	Egg Poached	Egg Boiled Hard f/Fresh SGP	Egg & Bacon on English Muffin SGP
Cottage Cheese Vanilla Bean PC	Yogurt Greek Assorted SGP	Sausage Pork Link f/Ckd Sknl's 1 Each	Yogurt Vanilla f/Bulk	Cheese Cheddar Sliced f/Bulk	Cottage Cheese Smooth Lemon PC	Cream Cheese f/bulk
Toast Plain Raisin 2 Slice SGP	Toast WW 2 Slice	Peanut Butter Smooth f/Bulk	Toast WW 2 Slice	Toast WW 2 Slice	Toast WW 2 Slice	Bagel WW
Muffin Bran f/mix SGP	Pancakes Mini f/RTS SGP	Muffin English WW Tstd	Croissant Dough Mini f/RTB	Cinnamon Roll Dough Mini f/RTB	French Toast Texas Hmd SGP	
		Muffin Carrot				

LUNCH						
Soup Borscht Hmd SGP	Soup Beef Veg f/Dry G-F RS Base	Soup Chicken Veg Noodle w/Dry G-F RS Base	Soup Tomato Basil w/Dry G-F RS Base	Soup Italian Potato & Leek	Crackers Soda/Saltine NAS	Soup Crm of Chicken f/Dry Base
Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Soup Chowder Corn w/Dry G-F LS Dry	Crackers Soda/Saltine NAS
Cheeseburger on WW Bun f/Beef Patty SGP	Pasta Macaroni & Cheese Hmd SGP	Fish Pollock English Btrd f/RTC	Chicken Caesar Salad w/Drsg Small	Cannelloni Cheese w/Alfredo Sauce SGP	Perogies Cheese Casserole w/Onions in Tomato Sc SGP	Weiner Pork & Beans Bkd f/Cnd
Egg Salad Sndw on WW	Beef Corned Reuben Sndw on Rye SGP	Cheese Lettuce Tomato Sndw w/Mayo WW SGP	Sandwich Peameal BLT on Croissant RET	Turkey Sandwich WW w/Aioli Spread SGP	Beef Roast & Cheddar Sandwich on WW SGP	Tuna Salad Sndw WW SGP
Lettuce Salad Greek w/Greek Drsg SGP	Bread Garlic f/Texas	Sauce Tartar f/Bulk	Beet Onion Salad SGP	Couscous Salad Herbed w/Chickpeas, Veg & Drsg SGP	Sour Cream f/Bulk	Salad Tomato Arugula Lettuce SGP
Watermelon Cubes f/Fresh	Bean Black & Corn Salad SGP	Potato French Fries Straight Cut f/Frz	Peaches Diced f/Cnd JcPk	Pear Slices Blushing f/Cnd JcPk w/Gel	Sauerkraut f/Cnd	Bread WW Buttered
	Melon Honeydew Chunks f/RTS	Coleslaw Creamy f/Shrd w/Hmd Drsg			Lettuce Salad Iceberg w/Carrots & Ranch Drsg	Pears Diced f/Cnd JcPk
		Fruit Cocktail f/Cnd JcPk			Orange Mandarin f/Cnd JcPk	

DINNER						
Chicken Mediterranean f/Ckd Souvlaki	Pork Chop Bkd Bnls w/Mushroom Sc	Beef Steak Cowboy Seasoned SGP	Pork Stir Fry f/Cubes w/Swt & Sour Sc LS	Fish Cod Braised w/Tomato & Basil SGP	Chicken Herb Bkd f/Bnls/Sknls Thigh	Turkey Rstd f/White & Dark Meat SGP
Ragu Bean White & Mushroom w/Kale	Stew Beef Italian Herb f/Cubed	Meatballs Turkey f/RTC w/Feta Yogurt Sc SGP	Meatloaf Beef Hmd _ G-F LS Gravy Brown f/Dry Mix	Sausage Farmers w/Beef & Pork	Pork Ribs f/Ckd w/Honey Garlic Sc	Lasagna Meat
Sauce Tzatziki Bulk	Potato Mashed f/Flakes SGP	G-F LS Gravy Brown f/Dry Mix	Potato Mashed f/Flakes SGP	Potato Rstd f/Fresh w/Paprika & Tarragon	Rice Basmati Portuguese f/Dry w/Veg	Gravy Turkey f/Mix
Potato Lemon f/Diced SGP	Squash Butternut Diced f/Frz	Sour Cream f/Bulk	Rice White Fried f/Dry w/Mixed Veg LS	Corn Whole Kernel f/Frz	Potato Mashed f/Fresh	Potato Mashed f/Mix
Broccoli Florets f/Frz		Potato Mashed f/Fresh	Veg Mix Asian f/Frz	Beans Bkd w/Swt Hickory BBQ Sc SGP	Zucchini Medley f/Frz SGP	Veg Mix Sunrise f/Frz
Ice Cream Butterscotch Bulk	Cake Shortcake Strawberry	Noodles Egg Buttered Seasoned	Spring Roll Veg Mini f/RTB	Sherbet Raspberry f/Bulk	Tart Vanilla Pudding f/Inst & RTB Shell w/Whip Topping	Bread Toast Garlic RTB
		Veg Mix Assorted Grld f/Frz SGP	Cake Red Velvet Uniced			Pie Peach RTB
		Pudding Coconut Cream f/Inst				

Note: Coffee, tea, milk and juice served with every meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Fruit Cocktail f/Cnd JcPk	Banana Half f/Fresh	Pears Diced f/Cnd JcPk	Melon Honeydew Chunks f/RTS	Strawberries Sliced Frz SGP	Banana Half f/Fresh	Pears Diced f/Cnd JcPk
Cereal Oatbran w/Flax SGP	Cereal Oatmeal w/Flax SGP	Cereal Cream of Wheat w/Flax SGP	Cereal Oatmeal Super Mix 50/50 SGP	Cereal Oatbran w/Flax SGP	Cereal Oatmeal w/Flax SGP	Cereal Cream of Wheat w/Flax SGP
Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP
Egg Poached f/Fresh Eggs SGP	Egg Boiled Hard f/Fresh Eggs SGP	Egg Scrambled f/Liquid SGP	Quiche Lorraine SGP	Egg Boiled Hard f/Fresh SGP	Egg Poached f/Fresh Eggs SGP	Egg Scrambled f/Liquid SGP
Peanut Butter Smooth f/Bulk	Cottage Cheese Vanilla Bean PC	Bacon Pork Strip f/Raw	Cheese Cheddar Sliced f/Bulk	Cottage Cheese Smooth Lemon PC	Yogurt Greek Assorted SGP	Bacon Strip f/Raw SGP
Toast WW 2 Slice	Toast WW 2 Slice	Yogurt Vanilla f/Bulk	Toast Plain Raisin 2 Slice SGP	Toast WW 2 Slice	Toast WW 2 Slice	Bacon Strip f/Raw SGP
Muffin Bran f/mix SGP	Cinnamon Roll Dough Mini f/RTB	Pancakes Mini f/RTS SGP	Muffin Carrot	Croissant Large RTS	French Toast Texas Hmd SGP	Cream Cheese f/bulk Bagel WW

LUNCH						
Soup Squash Butternut Smooth w/Coconut Milk SGP	Soup Chicken Veg Barley w/Dry G-F RS Base	Soup Split Pea w/Ham Crackers Soda/Saltine NAS	Soup Turkey Lentil Vegetable Homestyle SGP	Soup Cream of Mushroom f/Dry G-F RS Base SGP	Soup Italian Wedding f/Mix SGP	Soup Chicken Chowder Fiesta f/Dry G-F RS Base
Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Chicken Strips & Tenders Brd f/Ckd	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS
Beef Corned Hash Casserole w/Hashbrown f/Fzn SGP	Fish Sticks Whole Grain f/RTC SGP	Salami Sndw on WW	Pizza Cheese/Pepperoni/Vegetable SGP	Beef Steak & Mushroom Pot Pie f/RTB SGP	Frank on Bun Wheat	Pork Ribette Sndw on WW Bun w/BBQ Sc
Casserole w/Hashbrown f/Fzn SGP	Cottage Cheese & Fruit Salad Plate SGP	Sauce Plum f/Bulk	Tuna Salad Sndw on WW	Turkey & Tomato Sndw Rye SGP	Egg Salad Sndw on White	Cheese Lettuce Tomato Sndw w/Mayo WW SGP
Ham Sliced Sndw on Rye	Sauce Tartar f/Bulk	Potato French Fries Straight Cut f/Frz	Salad Mandarin Spinach w/ Balsamic SGP	Vegetable Mix Mediterranean Rstd f/Frz SGP	Ketchup f/Bulk	Watermelon Cubes f/Fresh
Lettuce Salad Tossed Mixed Green w/Garden Veg	Muffin Fruit Extreme Large f/Batter	Poutine Gravy & Cheese Curd SGP	Fruit Cocktail f/Cnd JcPk	Salad Tomato and Cucumber SGP	Mustard f/Bulk	
Orange Sections f/RTS	Pasta Salad f/Rotini Veggie Pasta SGP	Lettuce Salad f/Mix w/French Drsg		Orange Mandarin f/Cnd JcPk	Garnish Pickle Relish	
	Pudding Banana Bulk	Pineapple Tidbits f/Cnd JcPk			Roll WW	
					Coleslaw Regular	
					Strawberries f/Fresh w/Cream & Mint RET	

DINNER						
Chicken Fried Country Style RTB SGP	Pork Chop Bkd Bnls w/BBQ Sc	Beef Steak Salisbury f/RTC	Chicken Tea Biscuit Pot Pie f/Ckd Dcd	Fish Tilapia Citrus Peppercorn RTC	Turkey Thigh Cacciatore SGP	Beef Roast Hmd SGP
Meatballs Beef Swedish f/RTS SGP	Turkey a la King f/Ckd Breast LS	Fish Sole Bkd f/Fillet w/Lemon Pepper	Sausage Farmers w/Beef & Pork	Ham Hawaiian SGP	Pork Rst Honey Marinated f/Bnls Loin	Chicken Bkd f/Bnls/Sknls Breast
Potato Mashed Garlic f/Flakes SGP	Potato Bkd Herb f/Fresh	G-F LS Gravy Beef f/Dry Mix	Potato Mashed f/Flakes SGP	Sauce Lemon Dill Butter Hmd	G-F LS Gravy Poultry f/Mix SGP	G-F LS Gravy Beef f/Dry Mix
Veg Mix Cocktail f/Frz	Noodles Egg Parslied	Potato Mashed f/Mix	Beans Green Cuts f/Frz	Rice White f/Dry	Potato Mashed f/Flakes SGP	Gravy Brown f/Mix w/Mushrooms
Mousse Chocolate f/Mix	Peas Green & Onions Pearl f/Frz	Corn Creamstyle f/Cnd	Apple Crumble f/RTU Filling & Super Oatmeal SGP	Zucchini & Squash Diced Garlic f/Frz w/Oregano	Veg Mix Prince Edward f/Frz SGP	Potato Mashed f/Fresh
	Ice Cream Sandwich Vanilla	Cheesecake f/Mix Caramel Topping SGP		Brownie Chocolate Hmd SGP	Pudding Rice Hmd w/Cinnamon	Veg Mix Prince Edward f/Frz
						Cake Maple Avalanche

Note: Coffee, tea, milk and juice served with every meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Blueberries f/Frz	Banana Half f/Fresh	Fruit Cocktail f/Cnd JcPk	Orange Mandarin f/Cnd JcPk	Pear Slices f/Cnd JcPk	Banana Half f/Fresh	Peaches Diced f/Cnd JcPk
Cereal Oatmeal Super Mix 50/50 SGP	Cereal Cream of Wheat w/Flax SGP	Cereal Oatmeal w/Flax SGP	Cereal Cream of Wheat w/Flax SGP	Cereal Oatmeal Super Mix 50/50 SGP	Cereal Oatbran w/Flax SGP	Cereal Cream of Wheat w/Flax SGP
Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP
Egg Boiled Hard f/Fresh SGP	Egg Scrambled f/Liquid SGP	Omelette f/Liquid	Egg Boiled Hard f/Fresh SGP	Egg Scrambled f/Liquid SGP	Egg Fried f/Fresh Eggs SGP	Bacon Strip f/Raw SGP
Cottage Cheese Vanilla Bean PC	Peanut Butter Smooth f/Bulk	Bacon Pork Strip f/Raw	Yogurt Vanilla f/Bulk	Cottage Cheese Smooth Lemon PC	Cottage Cheese Smooth Lemon PC	Egg Poached f/Fresh Eggs SGP
Toast Plain Raisin 2 Slice SGP	Toast WW 2 Slice	Toast WW 2 Slice	Yogurt Greek Assorted SGP	Cheese Cheddar Sliced f/Bulk	Toast WW 2 Slice	Peanut Butter Smooth f/Bulk
Cinnamon Roll Dough Mini f/RTB	Croissant Large RTS	Pancakes Mini f/RTS SGP	Muffin Bran	Toast WW 2 Slice	Muffin Carrot Large f/Batter	Toast WW 2 Slice
				Waffle Plain		French Toast Texas Hmd SGP

LUNCH						
Soup Veg Garden w/Dry G-F RS Veg Base	Soup Crm of Broccoli f/Dry Base	Soup Minestrone Hmd SGP	Soup Chicken Rice w/Dry G-F RS Base	Soup Tomato w/Red Lentils f/Cond SGP	Soup Cream of Cauliflower Hmd SGP	Soup Chowder Vegetable Hmd SGP
Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS
Chicken Wings Bnls Baked SGP	Fish Pollock Brd 'n Chips f/RTC	Perogies Potato & Cheese f/Frz SGP	Tortellini Cheese f/RTC w/Marinara Sauce f/RTS	Monte Cristo Sandwich w/Frz FrenchTst SGP	Burger Veg on WW Bun	Fish Cod Nuggets f/RTC
Egg Salad Sndw on WW	Beef Roast & Cheddar Sandwich on WW SGP	Cheese Lettuce Tomato Sndw w/Mayo WW SGP	Turkey Sandwich WW w/Lettuce SGP	Salmon Salad Sndw on WW	Salami Sndw on WW	Chicken Salad Sndw on WW
Sauce Chicken Dipping f/Mix	Sauce Tartar f/Bulk	Sausage Pork Link f/Ckd Sknls 2 Each	Lettuce Salad Mixed Green w/Italian Drsg	Salad Tomato Arugula Lettuce SGP	Mustard f/Bulk	Sauce Tartar f/Bulk
Potato Bites RTB SGP	Coleslaw Rainbow SGP	Sour Cream f/Bulk	Watermelon Cubes f/Fresh	Mango f/Frz	Ketchup f/Bulk	Potato Swt French Fries f/Frz
Lettuce Salad Mixed Green	Peaches Diced f/Cnd JcPk	Sauerkraut f/Cnd			Salad Lettuce Spring w/Dressing SGP	Salad Caesar Hmd SGP
Melon Cantaloupe f/Fresh		Garnish Pickle Dill SGP			Pineapple Tidbits f/Cnd JcPk	Orange Mandarin f/Cnd JcPk
		Melon Honeydew Chunks f/RTS				

DINNER						
Salmon Broiled f/Fillet	Pork Drummies f/Ckd BBQ SGP	Chicken Honey Garlic f/Drum	Beef Steak Salisbury f/Grd w/Gravy	Chicken Herb f/Thigh w/Chalet Sc Hmd	Beef Pot Roast RTS PR	Pork Roast Hmd SGP
Beef Shepherds Pie Hmd SGP	Turkey Stir Fry Vegetable f/Dcd SGP	Stew Beef f/Diced w/Veg Mix	Tofu Vegetable Stir-Fry SGP	Fish Haddock Parmesan Crusted SGP	Turkey Pie f/Dcd Ckd w/Veg & Biscuit Top	Veal Parmesan f/Cutlet
Sauce Lemon Dill f/Mix SGP	Potato Mashed f/Flakes SGP	Garnish Lemon Wedge	Potato Rstd f/Fresh	Potato Scalloped f/Frz SGP	Potato Mashed f/Fresh	Gravy Pork f/Mix
Rice Pilaf Hmd SGP		Potato Mashed f/Fresh	Spinach & Mushrooms Garlic Sauteed f/Fresh	Garnish Lemon Wedge	Broccoli Florets f/Frz	Potato Mashed Garlic f/Flakes SGP
Carrots Sliced Parslied f/Frz	Rice White f/Dry	Rice White RTC	Tart Blueberry f/RTB Shell	Tomato Gratinated Bkd f/Fresh w/Parsley	Cake Carrot w/o Nuts	Bread Toast Garlic RTB
Apple Crumble f/RTU Filling & Super Oatmeal SGP	Corn Whole Kernel f/Frz	Veg Mix Sunrise f/Frz		Ice Cream Bar Vanilla Chocolate		Veg Mix Italian f/Frz w/Basil & Oregano
	Ice Cream French Vanilla f/Bulk SGP	Cheesecake French Cream				Pie Chocolate Cream Mint SGP

Note: Coffee, tea, milk and juice served with every meals