

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>						
<b>Strawberries Whole f/Frz</b> Cereal Assorted Cold f/Bulk SGP	<b>Blueberries f/Frz</b> Cereal Cream of Wheat w/Flax SGP	<b>Pears Diced f/Cnd JcPk</b> Cereal Assorted Cold f/Bulk SGP	<b>Banana Half f/Fresh</b> Cereal Cream of Wheat w/Flax SGP	<b>Peaches Diced f/Cnd JcPk</b> Cereal Assorted Cold f/Bulk SGP	<b>Banana Half f/Fresh</b> Cereal Cream of Wheat w/Flax SGP	<b>Orange Mandarin f/Cnd JcPk</b> Cereal Oatmeal Cinnamon w/Flax SGP
<b>Cereal Oatmeal w/Flax SGP</b>	Cereal Assorted Cold f/Bulk SGP	<b>Egg Scrambled f/Liquid SGP</b>	<b>Egg Poached f/Fresh Eggs SGP</b>	<b>Egg Boiled Hard f/Fresh SGP</b>	<b>Egg Fried</b>	Cereal Assorted Cold f/Bulk SGP
<b>Egg Boiled Hard f/Fresh SGP</b>	<b>Egg Poached</b>	<b>Egg Scrambled f/Liquid SGP</b>	<b>Egg Poached f/Fresh Eggs SGP</b>	<b>Egg Boiled Hard f/Fresh SGP</b>	<b>Egg Fried</b>	<b>Egg Scrambled</b>
Peanut Butter Smooth f/Bulk	Peanut Butter Smooth f/Bulk	Bacon Pork Strip f/Raw	Peanut Butter Smooth f/Bulk	Peanut Butter Smooth f/Bulk	Peanut Butter Smooth f/Bulk	Peanut Butter Smooth f/Bulk
<b>Toast WW 2 Slice</b>	<b>Toast WW 2 Slice</b>	<b>Peanut Butter Smooth PC</b> Toast WW 2 Slice	<b>Toast WW 2 Slice</b>	<b>Toast WW 2 Slice</b>	<b>Toast WW 2 Slice</b>	<b>Bacon Strip f/Raw SGP</b> Peanut Butter Smooth f/Bulk <b>Toast WW 2 Slice</b>

<b>LUNCH</b>						
<b>Crackers Soda/Saltine NAS</b> Soup Crm of Tomato f/Cond	<b>Soup Cream of Cauliflower Hmd SGP</b> Crackers Soda/Saltine NAS	<b>Soup Three Sisters w/Dry G-F RS Base</b> Crackers Soda/Saltine NAS	<b>Soup Borscht Hmd SGP</b> Crackers Soda/Saltine NAS	<b>Soup Chicken Veg Noodle w/Dry G-F RS Base</b> Crackers Soda/Saltine NAS	<b>Soup Pea Split Vegt Hmd SGP</b> Crackers Soda/Saltine NAS	<b>Soup Cream of Mushroom f/Dry G-F RS Base SGP</b> Crackers Soda/Saltine NAS
<b>Turkey Schnitzel RTC</b> Egg Salad Sndw on WW	<b>Burger Fish Captain f/Ckd Patty on WW Bun</b>	<b>BBQ Chicken Caesar Salad Plate SGP</b>	<b>Perogies w/Bacon SGP</b> Tuna Salad Sndw on WW	<b>Pizza Cheese/Pepperoni/Vegetable SGP</b> Cheese Grld Sndw on WW	<b>xChicken Strips/Tenders Breaded RtC</b> Beef Pastrami Sndw on WW	<b>Fish Haddock Brd f/Fillet</b> Turkey & Chz Sndw on WW
<b>Bun Hamburger WW</b>	Beef Roast & Cheddar Sandwich on WW SGP	Ham Sandwich WW w/Lettuce SGP	<b>Sausage Pork Link f/Ckd Sknls 1 Each</b>	<b>Sour Cream f/Bulk</b> *NONE	<b>Potato Salad f/Fresh w/Egg</b>	<b>Sauce Tartar f/Bulk</b>
<b>Salad Romaine w/Tomato &amp; Onion SGP</b>	<b>Coleslaw Vinaigrette w/Peppers</b>	<b>Roll White</b> Salad Beet Onion	<b>Brussels Sprouts f/Frz</b> <b>Orange Mandarin f/Cnd JcPk</b>	<b>Salad Tomato and Cucumber SGP</b> <b>Apple Slices f/Fresh Sliced SGP</b>	<b>Fruit Salad Tropical Lite f/Cnd JcPk</b>	<b>Potato French Fries Krinkle f/Frz</b> <b>Lettuce Salad Romaine w/Onions &amp; Italian Drsg</b> <b>Gelatin Orange w/Fruit Cocktail</b>
<b>Apple Slices Cinnamon Ckd f/Cnd</b>	<b>Peaches Diced f/Cnd JcPk</b>	<b>Fruit Cocktail PC</b>				

<b>DINNER</b>						
<b>Apricot Braised Chicken f/Bnls/Sknls Thigh SGP</b> Fish Pollock Bkd w/Seasoned Drsg & Herbs SGP	<b>Ham Bkd f/Bnls</b> Turkey Pot Pie	<b>Beef Hamburger Steak w/Caramelized Onion Sc SGP</b> Chicken Mediterranean f/Ckd Souvlaki	<b>Chicken Baked f/Thigh Bnls-Sknls Herb SGP</b> Pork Ribette f/Ckd w/BBQ Sc SGP	<b>Beef Shepherds Pie SGP</b> Salmon Bkd w/Hmd Romesco Sc	<b>Lasagna Vegetable</b> Pork Stir Fry f/Cubes w/Swt & Sour Sc	<b>Beef Pot Roast f/Round</b> Chicken Honey Garlic f/Bnls/Sknls Thigh
<b>Potato Mashed f/Flakes SGP</b>	<b>Potato Scalloped f/Mix SGP</b>	<b>Potato Mashed f/Flakes SGP</b>	<b>*NONE</b>	Potato Rstd f/Fresh w/Paprika & Tarragon	Rice White Fried Veg f/Dry w/Liquid Egg & Soy Sc	<b>Gravy Beef f/Mix EC RS</b>
<b>Veg Mix Sunrise f/Frz</b>	<b>Veg Mix Winter f/Frz</b>	<b>Peas Green f/Frz</b>	<b>Potato Bkd f/Fresh</b>	<b>Broccoli Florets f/Frz</b>	<b>Carrots Sliced Parslied f/Frz</b>	<b>Potato Mashed f/Flakes SGP</b>
<b>Bread WW</b>	<b>Bread WW</b>	<b>Bread WW</b>	<b>Corn Whole Kernel f/Frz</b>	<b>Bread WW</b>	<b>Bread WW</b>	<b>Veg Mix Fall Medley f/Frz</b>
<b>Brownie Chocolate f/Mix</b>	<b>Cheesecake f/Mix Caramel Topping SGP</b>	<b>Ice Cream Strawberry f/Bulk</b>	<b>Bread WW</b>	<b>Dessert Bar Buttertart</b>	<b>Bread Toast Garlic RTB</b> Bread WW	<b>Bread WW</b>
			<b>Gelatin Strawberry w/Topping SGP</b>		<b>Puttting Tapioca Cooked f/Mix</b>	<b>Cake Cinnamon Roll</b>

Note: coffee ,tea , milk and juice serve all the meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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**BREAKFAST**

Yogurt Raspberry Probiotic PC	Banana Half f/Fresh	Strawberries Sliced Frz SGP	Orange Mandarin f/Cnd JcPk	Banana Half f/Fresh	Blueberries f/Frz	Fruit Cocktail f/Cnd JcPk
Cereal Oatbran w/Flax SGP	Cereal Oatmeal w/Flax SGP	Cereal Cream of Wheat w/Flax SGP	Cereal Oatmeal Cinnamon w/Flax SGP	Cereal Cream of Wheat w/Flax SGP	Cereal Oatmeal w/Flax SGP	Cereal Cream of Wheat w/Flax SGP
Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP
Egg Poached f/Fresh Eggs SGP	Egg Boiled Hard f/Fresh SGP	Egg Scrambled f/Liquid SGP	Egg Omelette Cheese SGP	Egg Poached f/Fresh Eggs SGP	Egg Boiled Hard f/Fresh SGP	Egg Scrambled f/Liquid SGP
Peanut Butter Smooth f/Bulk	Peanut Butter Smooth f/Bulk	Peanut Butter Smooth f/Bulk	Peanut Butter Smooth f/Bulk	Peanut Butter Smooth f/Bulk	Peanut Butter Smooth f/Bulk	Peanut Butter Smooth f/Bulk
Toast WW 2 Slice	Toast WW 2 Slice	Bacon Pork Strip f/Raw	Toast WW 2 Slice	Toast WW 2 Slice	Toast WW 2 Slice	Bacon Strip f/Raw SGP
		Toast WW 2 Slice				Toast WW 2 Slice

**LUNCH**

Crackers Soda/Saltine NAS	Soup Chicken Rice w/Dry G-F RS Base	Soup Turkey Veg w/Dry Base	Crackers Soda/Saltine NAS	Soup Pea French Canadian Hmd SGP	Soup Crm of Broccoli f/Dry Base	Soup Garden Vegetable w/Dry G-F RS Base
Soup Bean Veg Country w/Dry G-F RS Broth	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Burger Beef f/Ckd Patty on WW Bun	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS
Cheese Grld Sndw on WW	Quiche Garden f/RTB Shell w/sausage	Pasta Macaroni & Cheese Hmd SGP	Chicken Salad Sndw on WW	Fish Cod Nuggets f/RTC	Beef Hot Dog on White Bun	Chicken Wings Bnls Baked SGP
xSandwich Egg Salad Brown Bread	Ham Sandwich WW w/Lettuce SGP	Tuna Salad Sndw WW SGP	Salad Caesar Hmd SGP	Egg Salad Sndw on WW	Turkey Sandwich WW w/Lettuce SGP	Beef Rst Sndw on WW
Lettuce Salad Tossed Mixed Green w/Garden Veg	Veg Mix California f/Frz	Cucumber Onion Salad f/Fresh w/Sour Crm Drsg	Peaches Diced f/Cnd JcPk	Potato French Fries Straight Cut f/Frz	Salad Romaine w/Onion SGP	Pasta Macaroni Elbow Salad w/Ham & Peppers
Bread WW	Lettuce Salad Greek w/Greek Drsg SGP	Tomato Gratinated Bkd f/Fresh w/Parsley		Coleslaw Creamy f/Fresh Bread WW	Pear Halves Poached f/Cnd JcPk w/Spices & Sugar	Peas Green f/Frz
Pears Diced f/Cnd JcPk	Bread WW	Bread Toast Garlic RTB		Fruit Salad Tropical Lite f/Cnd JcPk		Lettuce Salad Greens w/Carrot/Italian Drsg
	Orange Mandarin f/Cnd JcPk	Pudding Butterscotch PC				Apple Slices Cinnamon Ckd f/Cnd
		Pineapple Crushed f/Cnd JcPk				

**DINNER**

Turkey Schnitzel RTC	Beef Stroganoff f/Cubed	Chicken Herb Bkd f/Bnls/Sknls Thigh	Salem Pork Roast Hmd EC	Chicken Herb f/Thigh w/Chalet Sc Hmd	Beef Steak Salisbury f/RTC	Turkey Roasted f/White & Dark Meat
Pork Stir Fry f/Cubes w/Soy Sc	Fish Salmon Mediterranean Glazed RTC	Sausage Farmers w/Beef & Pork	Stew Turkey f/Bnls/Sknls Thigh GF	Chili Beef & Beans f/Grd	Fish Haddock Bkd f/Fillet w/Dill Sc	Pork Rst f/Bnls Loin w/Mushroom Sc
G-F LS Gravy Poultry f/Mix SGP	Potato Mashed f/Fresh	Potato Rstd f/Fresh	Gravy Brown f/Mix w/Mushrooms	Potato Mashed f/Flakes SGP	Gravy Beef f/Mix EC RS	Potato Mashed f/Flakes SGP
Potato Bkd Herb f/Fresh	Noodles Egg Parslied	Veg Mix Fall Medley f/Frz	Potato Mashed f/Fresh	Muffin Corn Small f/Mix	Potato Rstd f/Fresh	Beans Green Cuts f/Frz
Noodles Chow Mein	Peas Green Dill f/Frz	Bread WW	Brussels Sprouts f/Frz	Broccoli Florets f/Frz	Rice White f/Dry	Bread WW
Carrots Sliced f/Frz	Bread WW	Cheesecake Raspberry	Biscuit Tea f/Mix SGP	Bread WW	Parsnip Diced f/Frz w/Orange Glaze	Cake Boston Cream
Bread WW	Creme Caramel f/Mix SGP		Ice Cream Vanilla f/Bulk	Cake Carrot Hmd w/Cream Cheese Frosting	Bread WW	
Bar Apple Crumble f/RTU Filling					Pudding Banana f/Inst	

Note: coffee ,tea , milk and juice serve all the meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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**BREAKFAST**

Blueberries f/Frz	Banana Half f/Fresh	Fruit Cocktail f/Cnd JcPk	Orange Mandarin f/Cnd JcPk	Pears Diced f/Cnd JcPk	Banana Half f/Fresh	Peaches Diced f/Cnd JcPk
Cereal Oatmeal Cinnamon w/Flax SGP	Cereal Cream of Wheat w/Flax SGP	Cereal Oatmeal w/Flax SGP	Cereal Cream of Wheat w/Flax SGP	Cereal Oatmeal Cinnamon w/Flax SGP	Cereal Oatbran w/Flax SGP	Cereal Cream of Wheat w/Flax SGP
Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP	Cereal Assorted Cold f/Bulk SGP
Egg Boiled Hard f/Fresh SGP	Egg Scrambled f/Liquid SGP	Egg Fried f/Fresh Eggs SGP	Egg Poached f/Fresh Eggs SGP	Egg Scrambled f/Liquid SGP	Egg Boiled Hard f/Fresh SGP	Egg Poached f/Fresh Eggs SGP
Peanut Butter Smooth f/Bulk SGP	Peanut Butter Smooth f/Bulk SGP	Peanut Butter Smooth f/Bulk SGP	Peanut Butter Smooth f/Bulk SGP	Peanut Butter Smooth f/Bulk SGP	Peanut Butter Smooth f/Bulk SGP	Peanut Butter Smooth f/Bulk SGP
Toast WW 2 Slice	Toast WW 2 Slice	Sausage Pork Patty f/Ckd 1 Each	Toast WW 2 Slice	Toast WW 2 Slice	Toast WW 2 Slice	Bacon Strip f/Raw SGP
		Toast WW 2 Slice				Toast WW 2 Slice

**LUNCH**

Soup Vegetable Barley SGP	Soup Crm of Tomato f/Cond	Soup Beef Rice w/Dry G-F RS Base	Soup Italian Wedding f/Mix SGP	Soup Crm of Veg f/Dry Base	Soup Lentil Veg w/Dry G-F RS Base	Soup Minestrone Hmd SGP
Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS	Crackers Soda/Saltine NAS
Beef Pulled Sndw on Bun WW SGP	Burger Turkey f/Grd on WW Bun	Tortellini Cheese f/RTC w/Marinara Sauce f/RTS	Turkey Hot Sndw on WW w/Gravy	Weiner Pork & Beans Bkd f/Cnd	Frittata Cheese & Vegetable Hmd	Chicken Strips/Tenders Breaded RtC
Monte Cristo Sandwich SGP	Cheese Cheddar Sndw on WW	Tuna Salad Sndw WW SGP	Beef Rst Sndw on WW	Egg Salad Sndw on WW	Chicken Salad Sndw on Croissant	Salmon Salad Sndw on WW
Salad Tomato and Cucumber SGP	Coleslaw Vinaigrette w/Peppers	Beans Green Cuts f/Frz	Corn Whole Kernel f/Frz	Roll White	Lettuce Salad Tossed Mixed Green w/Garden Veg	Sauce Plum f/Bulk
Orange Mandarin f/Cnd JcPk	Pineapple Tidbits f/Canned LoCal	Peaches Diced f/Cnd JcPk	Salad Caesar Hmd SGP	Carrots Sliced f/Frz	Fruit Cocktail f/Cnd JcPk	Potato French Fries Straight Cut f/Frz
			Apple Slices Cinnamon Ckd f/Cnd	Lettuce Salad Greens w/Carrot/Italian Drsg		Salad Caesar Hmd SGP
				Bread WW		Bread WW
				Pudding Strawberry f/Inst		Pear Halves Poached f/Cnd JcPk w/Spices & Sugar
				Fruit Salad Tropical PC		

**DINNER**

Fish Cod Fillet Baked SGP	Pork Bacon Wrapped Medallion SGP	Chicken Mediterranean f/Ckd Souvlaki SGP	Fish Sole Bkd f/Fillet w/Lemon Pepper	Beef Steak Cowboy Seasoned SGP	Turkey a la King Hmd f/Dcd Raw	Pork Roast Hmd SGP
Chicken Fried Country Style RTB SGP	Meatloaf Beef Hmd	Stew Beef & Vegetables f/Cubed	Ham Bkd Swt & Spicy f/Bnls	Chicken Cacciatore f/Bnls/Sknls Thigh	Veal Schnitzel f/Cutlet	Spaghetti & Meat Sauce Hmd SGP
Garnish Lemon Wedge	Potato Mashed Garlic f/Flakes SGP	Gravy Beef f/Mix EC RS	Potato Scalloped f/Mix	Gravy Beef f/Mix EC RS	Noodles Egg Buttered Seasoned	Gravy Pork f/Mix
Potato Mashed f/Flakes SGP	Veg Mix Sunrise f/Frz	Potato Lemon f/Diced SGP	Peas Green f/Frz	Potato Mashed f/Fresh	Potato Mashed f/Flakes SGP	Potato Rstd f/Fresh
Carrots Sliced Parslied f/Frz	Bread WW	Biscuit Tea Plain f/Mix	Bread WW	Squash Butternut Diced f/Frz	*NONE	*NONE
Bread WW	Pudding Parfait Vanilla & Choc f/Inst w/Topping	Vegetable Mix Mediterranean Rstd f/Frz SGP	Cookie Assorted f/Dough	Roll White	Veg Mix Italian f/Frz w/Basil & Oregano	Brussels Sprouts f/Frz
Mousse Strawberry f/Mix		Bread WW		Ice Cream Chocolate f/Bulk	Bread WW	Bread WW
		Cake Maple Avalanche			Pudding Rice Hmd w/Cinnamon & Nutmeg	Bread Toast Garlic RTB
						Pie Pumpkin RTS

Note: coffee ,tea , milk and juice serve all the meals