Salem Manor Recreation Calendar





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00am Fun & Fitness (Rehab) 10:00am Salem Spa 2:00pm BINGO 3:00pm Knitting/ Crochet	10:00am Folding 10:00am Strengthening (Rehab) 10:30am Reminiscing 2:00pm Big Ball Band 3:00pm Board Games	9:30am Catholic Church 10:00am News & Views 10:45am Solarium Gardening 11:00am Bible Hour 2:00pm Gardening- Starting plants	10:00am Bunny Visits 10:00am Strengthening 2:00pm Hymn Sing 3:00pm Noodle Hockey 6:00pm BINGO	10:00am Sensory Baking 11:00am South Africa Trivia 2:00pm Entertainment- Kelly Bourdages 3:00pm 1:1 Visits	10:00am Word Games/ Trivia 11:00am Short Story Reading 2:00pm Axe Throwing 3:00pm Sensory Group- Lounges
	7	9	10	1	L1 12	13
10:00am Sunday Worship 10:30am Yoga & Smile 2:00pm Movie Matinee	10:00am Fun & Fitness (Rehab) 10:00am Salem Spa 2:00pm BINGO 3:00pm Knitting/ Crochet	10:00am Folding 10:00am Strengthening (Rehab) 10:30am Reminiscing 2:00pm South African Craft 3:00pm Board Games	10:00am News & Views 10:45am Solarium Gardening 11:00am Bible Hour 2:00pm Drum n' Fit	10:00am Bunny Visits 10:00am Strengthening 2:00pm Hymn Sing 3:00pm Floor Curling 6:00pm BINGO	10:00am Sensory Baking 11:00am Pictionary/Charades Personal Touch Fashions 1-3 3:00pm 1:1 Visits	10:00am Word Games/ Trivia 11:00am Story Making 2:00pm Ker -Plunk 3:00pm Sensory Group
1	15	16	17	1	19	20
10:00am Sunday Worship 10:30am Yoga & Smile 2:00pm Movie Matinee	10:00am Fun & Fitness (Rehab) 10:00am Salem Spa 2:00pm BINGO 3:00pm Knitting/ Crochet	10:00am Folding 10:00am Strengthening (Rehab) 10:30am Reminiscing 2:00pm Craft- crochet spring flowers 3:00pm Board Games	9:30am Catholic Church 10:00am News & Views 10:45am Solarium Gardening 11:00am Bible Hour 1:00pm Intergenerational Group	10:00am Bunny Visits 10:00am Strengthening 2:00pm Hymn Sing 3:00pm Horseracing 6:00pm BINGO	10:00am Sensory Baking 11:00am Word Wheel Word Game 2:00pm Birthday Party 3:00pm 1:1 Visits	10:00am Word Games/ Trivia 11:00am Short Story Reading 2:00pm Bean Bag Toss 3:00pm Sensory Group- Lounges
2	21 22	23	24	2	25 26	27
10:00am Sunday Worship 10:30am Yoga & Smile 2:00pm Movie Matinee	10:00am Fun & Fitness (Rehab) 10:00am Salem Spa 2:00pm BINGO 3:00pm Knitting/ Crochet	10:00am Strengthening (Rehab) 10:30am Table-Top Code	10:00am News & Views 10:45am Solarium Gardening 11:00am Bible Hour 2:00pm The Price Is Right! 3:00pm Patio Time	10:00am Bunny Visits 10:00am Strengthening 2:00pm Hymn Sing 3:00pm Balloon Volleyball 6:00pm BINGO	10:00am Sensory Baking 11:00am Pictionary/Charades 2:00pm Entertainment- Wine Chicks with Picks 3:00pm 1:1 Visits	10:00am Word Games/ Trivia 11:00am Short Story Reading 2:00pm Ladder Ball 3:00pm Sensory Group
2	28 29	30				
10:00am Sunday Worship 10:30am Yoga & Smile 2:00pm Movie Matinee	10:00am Fun & Fitness (Rehab) 10:00am Salem Spa 2:00pm BINGO 3:00pm Knitting/ Crochet	10:00am Folding 10:00am Strengthening (Rehab) 10:30am Reminiscing 2:00pm Sit n' Dance				
MAN	MAN	3:00pm Board Games	ALAMAKA KALAKA AMAKA KA	WAKAN KANDAMAKA	A SAME WALLEY TO THE SAME OF T	MAN